



Republic of the Philippines  
**Department of Education**  
REGION XI  
**SCHOOLS DIVISION OF DAVAO DE ORO**



Office of the Schools Division  
Superintendent

August 18, 2023

OFFICE MEMORANDUM  
SGOD-2023- 065

TO: **GRINGO JOHN F. PELAEZ** - Medical Officer III  
**RICHEL J. LASTIMADO** - School Mental Health Main Focal  
**GODFREE L. ESPERO** - School Mental Health Alternate Focal

**TRAINING ON MENTAL HEALTH GAP ACTION PROGRAMME (MhGAP)**

1. Attached is a Regional Memorandum ESSD-2023-328 dated August 14, 2023 informing the conduct of **Training on Mental Health GAP (MhGAP)** on **September 4-6, 2023** at the **Grand Regal Hotel, J.P Laurel Avenue, Lanang, Davao City**.
2. Anent to this, you are hereby advised to attend and participate in the above mentioned activity.
3. Other details are contained in the enclosure.
4. Meals, transportation and other incidental expenses shall be charged against Division/ District MOOE or any local funds, subject to the usual accounting rules and regulations.
5. Immediate and wide dissemination of this to concerned is desired.

**CRISTY C. EPE**  
Schools Division Superintendent



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Republic of the Philippines  
**Department of Education**  
DAVAO REGION

Office of the Regional Director

REGIONAL MEMORANDUM  
ESSD-2023-328

To : Schools Division Superintendents  
Chief Education Supervisor, ESSD

Subject: TRAINING ON MENTAL HEALTH GAP ACTION PROGRAMME  
(MhGAP)

Date: August 14, 2023

The Department of Education Regional Office XI, through the Education Support Services Division ensures the safe and sound mental health of the school populace especially while they are in school as much as possible. However, with the growing threats, stressors, and illegal substances present in the environment and with the advent of social media, it is inevitable that one's good and sound mind will be destroyed in terms of judgment and ability to handle emotions.

For the first quarter of 2023, a total of eight completed suicide cases and thirty-two attempted suicide cases were recorded in the School-Based Adolescent-Friendly Health Facilities and both were inflicted by learners themselves.

With these increasing cases of suicide, this Office requests funding and technical support from the Department of Health - Davao Center for Health Development for the conduct of the **Training on MhGAP**, which aims at scaling up services for mental, neurological, and substance use disorders. The program asserts that with proper care, psychosocial assistance, and medication, tens of millions could be treated for depression, schizophrenia, and epilepsy, which will be prevented from suicide, and can begin to lead normal lives - even when resources are scarce.

The activity will be conducted on **September 4-6, 2023**, at the **Grand Regal Hotel, J.P. Laurel Avenue, Lanang, Davao City**. This is to be participated by all SDO - Mental Health Coordinators, Alternate Focal Persons, and Medical Officers (**Annex A**).

Immediate and wide dissemination of this Memorandum is desired.

RECORDS SECTION  
**RELEASED**

ALLAN G. FARNAZO  
Director

Enclosed: As stated

Date: Aug 14, 2023  
22729

ROE/smtc



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Republic of the Philippines  
**Department of Education**  
 DAVAO REGION

Office of the Regional Director  
 Annex A

**LIST OF PARTICIPANTS FOR MHGAP TRAINING**

Names	Designation	SEOS
Anna Leah L. Salvado	School MH Main Focal	Davao City
Milabel C. Tolentino	School MH Alternate Focal	
Raymond O. Bagual	Psychological First Aider	
Priscillo Jr. T. Acle	School MH Main Focal	Davao Occidental
Vivien R. Corbet	School MH Alternate Focal	
Jenevive A. Pongase	Division Nurse	
Kamille Ayn M. Sa-ao	School MH Main Focal	Davao del Sur
Felmañ Anina B. Elnar	School MH Alternate Focal	
Dr. Christine P. Limbujan	Medical Officer III	
Dhelnie Christine S. Peñas	School MH Alternate Focal	Digos City
Frances Millicent R. Durano	School MH Alternate Focal	
Dr. Jasmine A. Asarak	Dentist II	
John Carlo L. Ceniza	School MH Main Focal	Panabo City
Maria Ezeclmay S. Cabaylo	School MH Alternate Focal	
Dr. Arlene L. Choi	Medical Officer III	
Lester I. Entimerables	School MH Main Focal	IGACOS
Eunice M. Antalan	School MH Alternate Focal	
Dr. Michelle T. Sa	Medical Officer III	
Candice M. Campomanes	School MH Main Focal	Tagum City
Miriam B. Lilio	School MH Alternate Focal	
Dr. Dasbir C. Sohal	Medical Officer III	
Ma. Luisa O. Cuyos	School MH Main Focal	Davao del Norte
Meroy L. Dela Cruz	School MH Alternate Focal	
Dr. Angelina C. Paulma	Medical Officer III	
Richel J. Lastimado	School MH Main Focal	Davao de Oro
Godfree L. Espero	School MH Alternate Focal	
Dr. Gringo John F. Pelaez	Medical Officer III	
Charise Stephenie P. Torpio	School MH Main Focal	Davao Oriental
Irish Mate M. Arboleda	School MH Alternate Focal	
Dr. Kimberly B. Luzon	Medical Officer III	
Kate G. Peña	School MH Main Focal	Mati City
Fritzie A. Aparra	School MH Alternate Focal	
Dr. Maria Clotilde Corazon	Medical Officer III	
H. Zosa		Regional Office
Stephen Mark T. Castres	Regional School MH Focal	



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