



Republic of the Philippines
Department of Education
REGION XI
SCHOOLS DIVISION OF DAVAO DE ORO



Office of the Schools Division
Superintendent

September 29, 2023

Division Memorandum

No. 819, s. 2023

ENSURING SAFETY AND WELL-BEING OF DEPED POPULACE

To : Assistant Schools Division Superintendent
Chief Education Supervisors, CID and SGOD
Public Schools District Supervisors
District Coordinating Principals
Public Elementary and Secondary School Administrators
All Others Concerned

1. The Department of Education remains steadfast in its commitment to ensuring the health and well-being of every populace within its Schools. With a clear focus on disease prevention and the development of healthy habits, the Department emphasizes the importance of nutrition, physical activities, good hygiene practices and effective solid waste management. By prioritizing these aspects, DepEd strives to create a safe and conducive environment that promotes the overall health and wellness of its populace.

2. While adhering to the mandate of maintaining uninterrupted classes, the Schools Division of Davao de Oro recommends the observance of the following guidelines for schools and offices within its jurisdiction:

- a. Implement Wellness Program in any form at least once a week (Physical activity/Nutrition/Mindfulness).
- b. Ensure that there will be Kidney break/Water break every 10:00 am and 3:00 pm.
- c. Observe proper hand washing every 12:00nn before and after lunch.
- d. Focus on oral hygiene through daily tooth-brushing drill after lunch.

3. In order to prevent the occurrence and spread of diseases, it is strongly advised that schools implement and adhere to precautionary measures. The school must:



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- a. Ensure that their surroundings including the classrooms are clean and well-maintained.
 - b. Search and destroy breeding site for mosquitoes.
 - c. Drain water potentially contaminated by rodents and other animals.
 - d. Serve only hygienic food and potable water at the school vicinity, guided by the prohibitions of DO 13.
 - e. Assure that there are no sources of noxious smell in the school. (Bat infestations, rabbit waste, and other excrements).
 - f. Implement proper sanitation and solid waste management.
 - g. Ensure that the hand washing facilities are functioning.
4. Additionally, in the light of the rising prevalence of viral respiratory illness, it is strongly encouraged to utilize face masks and practice proper respiratory etiquette to minimize the spread of diseases. If any symptoms are observed by learners or personnel, it is recommended to seek medical consultation from physician for further assessment and management.
5. Immediate and wide dissemination of this memorandum is desired.

By the Authority of the
Schools Division Superintendent:

NORBERTO S. MANLANGIT, CE, MPA
Administrative Officer V
Officer-in-Charge



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